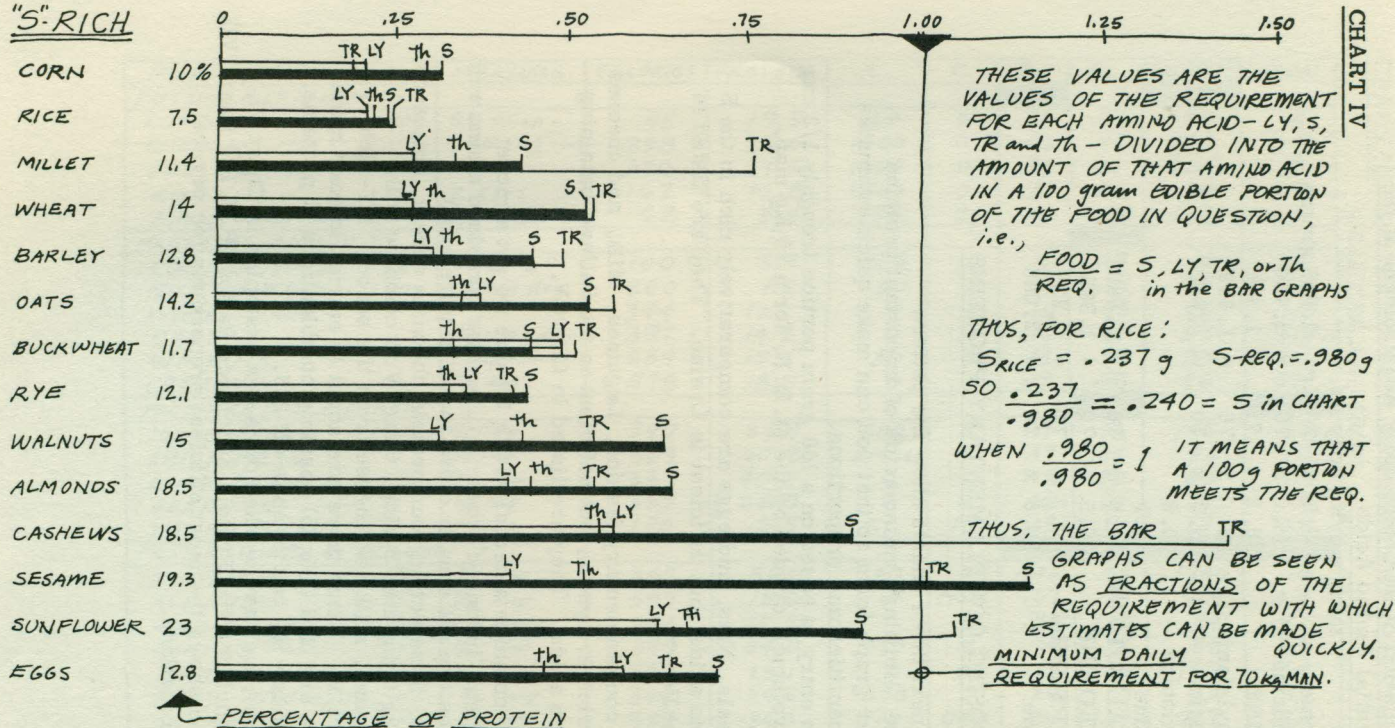


"S"-RICH



Values for Min. Daily Req. are from Altschul, Proteins: Their Chemistry and Politics; values for individual amino acids are from M. L. Orr and B. K. Watt, Amino Acid Content of Foods, Home Economics Research Report No. 4, Agric. Res. Service, USDA, Washington, D. C., Dec. 1957, pages 46-65.

LYSINE-RICH

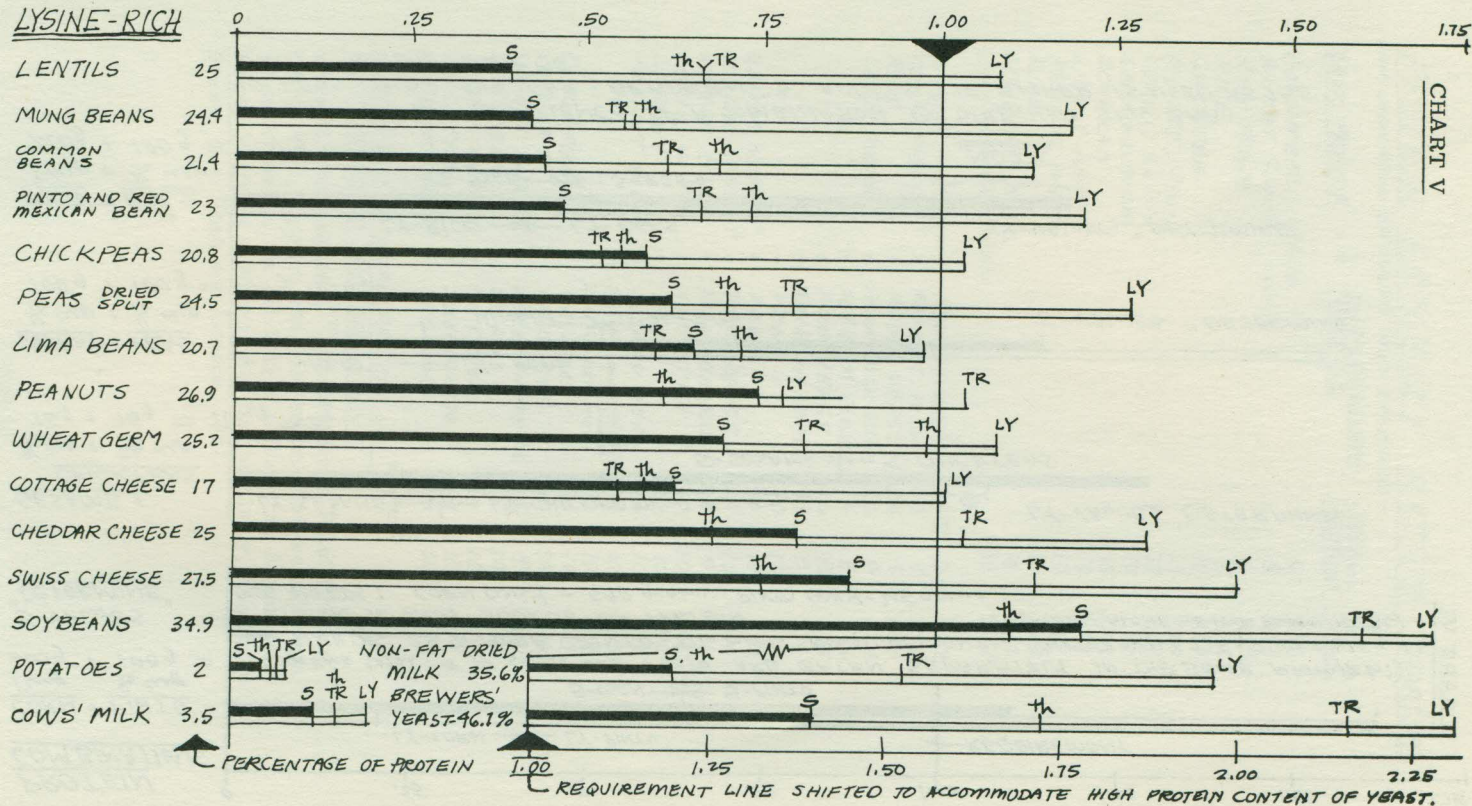


CHART IV

CHART V